

**REPORT TO:** Children, Young People and Families Policy and Performance Board

**DATE:** 10 September 2018

**REPORTING OFFICER:** Strategic Director, People

**PORTFOLIO:** Children, Young People and Families

**SUBJECT:** Transforming Children and Young People's Mental Health Provision

**WARDS:** Borough Wide

## **1.0 PURPOSE OF THE REPORT**

1.1 To share the progress made in Transforming provision and future actions planned.

**2.0 RECOMMENDATION: That Members note the significant transformation of provision.**

## **3.0 BACKGROUND**

3.1 The Department of Health and NHS England established a Children and Young People's Mental Health and Wellbeing Taskforce which reported in March 2015 (Future in Mind) and set out ambitions for improving children's and young people mental health provision by 2020, including making better links between schools and specialist services. Key objectives included:

- Tackling stigma and improving attitudes to mental illness
- Introducing more access and waiting time standards for services
- Establishing 'one stop shop' support services in the community
- Improving access for children and young people who are particularly vulnerable.

3.2 In 'Transforming children and young people's mental health provision: a Green Paper', published in December 2017, detailed world-leading ambitions through proposals to create a network of support for children and young people, and their educational settings. The Government will pilot this new approach immediately, so that they can start to test and evaluate these new models for future roll-out. Gathering this evidence will be crucial step in delivering on the aims set out in the Green Paper, and aligns with the priorities set out for mental health as part of the long-term plan. The three core proposals are:

- To incentivise and support all schools and colleges to identify and train a Designated Senior Lead for mental health

- To fund new Mental Health Support Teams, this will be supervised by NHS children and young people's mental health staff.
- To pilot a four week waiting time for access to specialist NHS children and young people's mental health services.

#### **4.0 LOCALLY**

Improving the emotional health and wellbeing outcomes for children and young people is a shared priority for Halton Borough Council and NHS Halton CCG. The One Halton programme is a joint initiative that includes all stakeholders working to support adults, children and young people in Halton. Working together we have already:

- Jointly commissioned between CCG and LA a service which incorporates on line counselling to increase access for young people and provides training to improve skill in the wider workforce.
- Successfully secured funding and developed named school link workers in community service settings and in primary and secondary schools across Halton.
- Halton Health Improvement team are supporting schools to audit their current practice against evidence based Mental Health and Resilience in Schools (MHARS) framework to see what they are doing well to support mental health and wellbeing and any gaps they need to focus on
- Halton Health Improvement team have developed a menu of support for educational settings based on a whole school approach – see attached.
- Youth Connect 5 training toolkit implemented. This involved a train the trainer model to upskill local staff to deliver a course to parents and carers so they are able to identify children who require help and offer it. The aim being to improve children and young people's resilience and emotional health and wellbeing.
- Health Improvement team are further developing their social media interface to ensure parents are aware of information and support available to improve their mental health and the mental health of their children.
- Health Improvement team have established a task and finish group to develop a local suicide prevention pathway for children and young people. The pathway will be part of an evidence based training programme to enable front line staff to identify children and young people who are potentially at risk of suicide, assess risk and connect to appropriate support.
- Social, Emotional, Mental Health strategic action plan established on behalf of the Education Strategic Partnership Board.

- Jointly agreed recurrent funding to third sector providers who offer preventative and targeted provision and have evidenced a positive impact
- Established agreement to co-location of CAMHS practitioners within the social care front door.
- Established multi-agency operational groups tasked with ensuring the most vulnerable groups are able to access the most appropriate support at the right time.
- 10 young people have been trained as Mental Health Champions, who will aim to tackle stigma and improve children and young people's attitudes to mental health.
- Re-commissioned the emotional health and well-being service for looked after children, care leavers, extended care leavers, and their carers ensuring any previous gaps in the offer were eradicated.

#### **4.1 Our main areas to progress in the next year are:**

- We will build on the support for schools and school link workers by ensuring there are sufficient high quality courses available to designated emotional health and wellbeing leads.
- Explore opportunities and delivery models for developing Mental health Support Teams, led by groups of schools/colleges or by voluntary and community sector organisations
- Further develop the school nurses role in supporting the emotional and mental health needs of school-aged children.
- A refresh of the CAMHS Transformation Plan for October/ November 2018 outlining areas for progress in the future and update on progress made so far.
- Further develop the health offer to our local Youth Offending Service to encompass both CAMHS support and dedicated speech and language support to provide a consistent health offer across the whole of the geographical area covered by the service
- A more developed workforce implementation plan, building on the initial skills audit undertaken in 2017/18
- Work with Specialised Commissioning on future development of an intensive wrap around crisis offer to prevent admission to Tier 4 beds
- Work with all providers to ensure they can record accurately interactions with young people to support delivery of the Children and Young People's Access target of 35% by March 2019.

## **5.0 IMPLICATIONS FOR THE COUNCIL'S PRIORITIES**

### **5.1 Children & Young People in Halton**

Halton Council want all children and young people to have the opportunity to achieve and develop the skills and character to make a successful transition to adult life. Good mental health is a vital part of achieving these aspirations.

### **5.2 Employment, Learning and Skills**

In order to help their pupils succeed, schools and community partners have a role to play in supporting them to be resilient and mentally healthy.

### **5.3 A Healthy Halton**

Children and young people's mental health needs and level of development is potentially compromised are identified early and multi-agency support is in place to support them and their families.

### **5.4 A Safer Halton**

Children who are at risk of harm are identified quickly and services work together to minimise the risk of harm and take action to formally protect children in a timely way.

### **5.5 Halton's Urban Renewal**

None identified.

## **6.0 RISK ANALYSIS**

6.1 Transforming children and young people's mental health provision is key to ensuring Halton children, young people and their families are able to access mental health provision quickly and appropriately. Therefore reducing the burden of mental and physical ill health over the whole life course, reducing the cost of future interventions, improving economic growth and reducing health inequalities.

## **7.0 EQUALITY AND DIVERSITY ISSUES**

7.1 Transforming provision ensures that issues arising from a child's equality and diversity needs inform the decision-making at the point of contact and that the voice of the children, young people and their families is to the forefront.

## **8.0 LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972**

8.1 See Appendix A – Emotional Health & Wellbeing Offer to Halton Schools.