

REPORT TO: Health Policy and Performance Board
DATE: 7 January 2014
REPORTING OFFICER: Director of Public Health
PORTFOLIO: Health and Wellbeing
SUBJECT: Halton Health Profile 2013
WARDS: Borough wide

1.0 PURPOSE OF THE REPORT

1.1 The purpose of this report is to present the Policy and Performance Board with information relating to Halton's Health Profile 2013 and provide analysis regarding the findings from a local perspective.

RECOMMENDATION: That

- (i) **The Board note the contents of the report and note programmes to address areas of concern; and**
- (ii) **Feedback comments to the Director of Public Health**

2.0 SUPPORTING INFORMATION

- 2.1 Every year the Department of Health releases a health profile of Halton which compares it to the England average. It is designed to help local government and health services understand their community's needs, so that they can work to improve people's health and reduce health inequalities.
- 2.2 The Halton Health Profile 2013 shows that half of all local residents live in the most deprived areas in England. Given the direct relationship between poverty and poor health it is unsurprising that Halton's health statistics are worse than the national average. Using a traffic-light rating system, the profile ranks those better than the England average as green, those similar to the England average as amber and those performing worse than the England average as red.
- 2.3 Halton's profile can be seen in the Appendix which shows that although Halton is not better than the England average in the majority of indicators it has improved against the previous year's figures in 21 out of 28 indicators, remained static for 5 and worsened in 6.

Halton progress and challenges.

2.4 The data for Halton shows that if we compare the 2012 profile with the 2013 profile we have made very good progress with GCSE results, reduction in

child obesity, reducing higher risk drinking, reducing infant deaths and reducing road traffic injuries and accidents. Halton is classified as green for homelessness but the latest data since the profile was released shows we now have an increase in homeless people.

- 2.5 Halton has also improved in terms of reducing violent crime, smoking in pregnancy, increasing the number of mothers who breastfeed, reducing the number of under 18s in alcohol treatment, reducing teen pregnancy, reducing drug misuse, reducing the number of TB cases, reducing the number of people who die in winter, increasing male and female lives, reducing the number of smoking related deaths and reducing the number of people who die from heart disease.
- 2.6 In common with the rest of England Halton has not made progress this year against reducing levels of deprivation, lowering the number of children in poverty, reducing long term unemployment and lowering the numbers of hip fractures. The number of people diagnosed with diabetes has increased but given there is national under diagnosis of this disease this could be considered a good thing.

Programmes to address areas of concern.

- 2.7 Halton has a wide range of programmes that address deprivation, worklessness, child mental health, diabetes and falls in older people:
- **Child Poverty Programme:** Halton has a Child Poverty Strategy and Action Plan and is part of the City Region Child Poverty Commission. There is a wide range of work underway to address this area including Children's Centres Programmes, healthy eating, working with food banks, increasing breastfeeding, increasing free school meal uptake, plain packaging for cigarettes, smoking prevention, work with mums and tots, support for the New Shoots Food Coop, Credit Crunch Cooking, work with Housing Trusts around welfare reforms, Healthy Homes/ Warm Homes initiatives, work with the CAB and Supporting Residents at Risk of Home Repossession project.
 - **Back to work Programmes:** Halton works with local residents to enable them to find work through Halton People into Jobs, an apprenticeship scheme, Welfare Rights Programme, Halton Housing Trust financial inclusion, Healthy and back to Work project.
 - **Child Social and Emotional Health Programmes:** Halton has Prevention of Mental Health Conditions as a Health and Wellbeing Board priority. A new Mental Health Strategy and comprehensive Action Plan has recently been developed. There is a review of the CAHMS service underway, Adaction is employed to work with youngsters with addictions, teachers are trained to work with youngsters on developing confidence and self-esteem and counteracting bullying, an anti-cyber bullying project is in development, midwives are working with mothers to avoid post natal depression and

parenting programmes for families in how to bond with babies and deal with toddlers.

- **Diabetes Programme: Impaired Glucose Regulation** project that picks up people at risk of developing diabetes and provides them with education, diet and exercise advice so they can avoid developing the condition. Diabetes Education Programme for patients with the condition to help them manage it, Expert Patient Programme so people become experts on their condition, Healthy Weight Fresh Start Programme enables people to lose weight and therefore be less at risk of developing diabetes, Healthy Weight in Pregnancy Programme works with overweight pregnant women who are at risk of developing gestational diabetes.
- **Reducing Harmful Levels of Drinking Programme:** Reduction in the levels of harmful alcohol consumption is a priority for Halton's Health and Wellbeing Board. It has an Action Plan which includes: training for all frontline staff in dealing with alcohol related issues from birth to old age, treatment services for adults and children, awareness raising via campaigns, alcohol prevention programmes for all schools, mystery shopping via trading standards for underage sales, regulation of counterfeit alcohol, alcohol liaison nurse at hospitals A&E and advocacy on minimum unit pricing.
- **Falls Programme:** Falls is a priority for the Health and Wellbeing Board and a new Falls Strategy and Action Plan has recently been implemented which includes: exercise for older people to improve balance, training on falls prevention for frontline staff, development of new falls pathway.

3.0 POLICY IMPLICATIONS

The Halton Health Profile 2013 highlights a number of key health issues for Halton. The Health and Wellbeing Strategy together with a number of related strategies is already addressing many of the issues highlighted.

4.0 OTHER/FINANCIAL IMPLICATIONS

- 4.1 There are no direct financial implications as a result of this report. Actions identified within the Health and Wellbeing Strategy and associated strategies however, may have implications that will be reported to the relevant boards as they arise.

5.0 IMPLICATIONS FOR THE COUNCIL'S PRIORITIES

5.1 Children and Young People in Halton

Improving the Health of Children and Young People is a key priority in Halton and will continue to be addressed through the Health and Wellbeing Strategy

whilst taking into account existing strategies and action plans so as to ensure a joined-up approach and avoid duplication

5.2 **Employment, Learning and Skills in Halton**

The above priority is a key determinant of health. Therefore improving outcomes in this area will have an impact on improving the health of Halton residents

5.3 **A Healthy Halton**

All issues outlined in this report focus directly on this priority.

5.4 **A Safer Halton**

Reducing the incidence of crime, improving Community Safety and reducing the fear of crime have an impact on health outcomes particularly on mental health.

There are also close links between partnerships on areas such as alcohol and domestic violence.

5.5 **Halton's Urban Renewal**

The environment in which we live and the physical infrastructure of our communities has a direct impact on our health and wellbeing and should therefore, be a key consideration when developing strategies that examine the wider determinants of health and wellbeing.

6.0 **RISK ANALYSIS**

Developing strategies to address the issues outlined by Halton Health Profile 2013 in itself does not present a risk. However, there may be risks associated with the recommended actions. These will be assessed as appropriate. There are no financial risks associated directly with this report. The recommendations are not so significant that they require a full risk assessment.

7.0 **EQUALITY AND DIVERSITY ISSUES**

This is in line with all equality and diversity issues in Halton.

8.0 **LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972**

Document	Place of Inspection	Contact Officer
Halton Health Profile 2013	Council Website	Diane Lloyd