

REPORT TO: Health Policy & Performance Board

DATE: 7 January 2014

REPORTING OFFICER: Strategic Director, Communities

PORTFOLIO: Health and Adults

SUBJECT: A Mental Health and Wellbeing Commissioning Strategy for Halton

WARD(S) Borough-wide

1.0 PURPOSE OF THE REPORT

1.1 To present to Health Policy and Performance Board, Halton's draft integrated Mental Health and Wellbeing Commissioning Strategy 2013-2018 and supporting evidence paper.

2.0 RECOMMENDATION: That:

- i) **The Board note and comment on the content of the Halton Mental Health and Wellbeing Commissioning Strategy 2013-2018 and evidence paper.**

3.0 SUPPORTING INFORMATION

3.1 National policy relating to mental health is set out in No Health without Mental Health – DH 2011 (NHWMH) which emphasise that mental health is everybody's business and sets 6 high level objectives with an emphasis on prevention and early intervention:

- more people will have good mental health
- more people with mental health problems will recover
- more people with mental health problems will have good physical health
- more people will have a positive experience of care and support
- fewer people will suffer avoidable harm
- fewer people will experience stigma and discrimination

3.2 Mental health problems are the single largest cause of ill health and disability in the Borough. Halton's Health and Wellbeing Board has recognised this by including "Prevention and early detection of mental health conditions" as one of its 5 priorities. The Board's Health and Wellbeing Strategy 2013-16 includes actions to begin addressing this.

- 3.3 The six objectives of NHWMH have been incorporated in the Mental Health and Wellbeing Commissioning Strategy as the framework to address the challenge of improving mental health and wellbeing in the Borough. The strategy adopts a life course approach which recognises that the foundations for lifelong wellbeing are already being laid down before birth, and that there is much that can be done to protect and promote wellbeing and resilience through early years, into adulthood and then on into a healthy old age. Only a sustained approach across the lifecourse will equip Halton to meet the social economic and environmental challenges it faces and deliver the short and long term benefits needed.
- 3.4 This is Halton's first integrated strategy for Mental Health and Wellbeing in the Borough bringing together commissioning intentions of Public Health, the Clinical Commissioning Group, Children's Services and Adult Social Care. It is complementary to the Health and Wellbeing Strategy and has been informed by feedback at public engagement events hosted by the CCG and open consultation with the public and key stakeholders through a recent survey.
- 3.5 The overarching aims of the strategy are to:
- Improve the mental health and wellbeing of Halton people through prevention and early intervention.
 - Increase the early detection of mental health problems leading to improved mental wellbeing for people with mental health problems and their families.
 - Improve the outcomes for people with mental health problems through high quality accessible services.
 - Optimise value for money by developing quality services which achieve positive outcomes for people within existing resources
 - Broaden the approach taken to tackle the wider social determinants and consequences of mental health problems.
- 3.6 In Halton, Commissioners have adopted a stepped care service model which promotes recovery. In this model the recommended treatment/intervention is the least restrictive of those available but still likely to provide significant health gain. This approach encourages individuals to take responsibility for regaining their own wellbeing and ensures effective use of scarce resources with the ultimate aim of improving the quality of life for individual residents and strengthening communities in Halton.
- 3.7 The overview of progress in implementing the strategy action plan will be through the Mental Health Strategic Commissioning Board which reports to the Health and Wellbeing Board.

4.0 **POLICY IMPLICATIONS**

4.1 This strategy will support progress in local delivery of the three national outcomes frameworks for the NHS, Adult Social Care and Public Health.

5.0 **OTHER/FINANCIAL IMPLICATIONS**

5.1 The action plan within the strategy contains a summary of resources required. These are primarily investment of staff time to effect the change or redirection of current investment to achieve service redesign. This is deliverable within existing staffing structures and funding levels; however the need to make efficiency savings across the system may impact on successful delivery of the strategy.

6.0 **IMPLICATIONS FOR THE COUNCIL'S PRIORITIES**

6.1 **Children & Young People in Halton**

The strategy takes a whole life course approach and thus promotes the health and wellbeing of children and young people from birth.

6.2 **Employment, Learning & Skills in Halton**

Employment is a key determinant of health and wellbeing. The recovery model referred to above encourages individuals to think about work and if appropriate set this as a goal to work towards.

Work may be needed with Local employers to breakdown preconceptions of the ability of those with mental health problems to retain employment.

6.3 **A Healthy Halton**

Delivery of the Mental Health and Wellbeing Strategy will have a positive impact on the health of Halton citizens.

6.4 **A Safer Halton**

A number of priorities in the strategy promote safety of individuals and address stigma associated with mental ill health which will contribute to building stronger communities.

6.5 **Halton's Urban Renewal**

None identified

7.0 **RISK ANALYSIS**

7.1 The Mental Health and Wellbeing Commissioning Strategy supports progress in delivering the strategic priorities of the Council for a Healthy Halton and the Health and Wellbeing Board "Prevention and early detection of mental health conditions"

As described in 5.1 the Strategy is capable of delivering within

existing resources, however a reduction in budget or staffing levels will impact on service delivery.

Any reductions in mental health funding allocations in the financial years that the Strategy covers could have an impact in delivering on key aims

8.0 **EQUALITY AND DIVERSITY ISSUES**

8.1 The strategy specifically aims to meet the needs of vulnerable people experiencing mental health problems irrespective of their protected group and will therefore have positive impacts for all groups.

An equality impact assessment (EIA) has been completed.

9.0 **LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972**

Document	Place of Inspection	Contact Officer
No Health without Mental Health	Runcorn Town Hall (Second Floor)	Liz Gladwyn
NHS Mandate	Runcorn Town Hall (First Floor)	Dave Sweeney