

Member Development Group

At a meeting of the Member Development Group held on 30th January 2020
at the Municipal Building, Kingsway, Widnes

Present: Councillors J. Stockton (Chairman), J. Abbott, J. Bradshaw, R. Gilligan, P. Wallace and G. Zygadlo.

Officers: K. Mackenzie and Alison Scott.

Apologies for absence: Councillors C. Rowe, K. Wainwright and M. Wharton.

MDG6	NOTES OF THE LAST MEETING	
	The notes of the last meeting held on 26 September 2019 were approved as a correct record.	
MDG7	REVIEW OF CURRENT PERFORMANCE AGAINST TARGETS	
	<p>LOD2 – Number of Members with a Member Action Plan (MAP)</p> <p>The Number of Members with a MAP to date since April 2019 was 55 of 56, which remained unchanged. New MAPs would be sent to newly elected Members for completion, following the election in May 2020.</p>	KM
	<p>LOD3 – Percentage of Members attending at least one organised training event in the current financial year.</p> <p>Since April 2019, 96% (54 of 56 Members) had attended at least one training and development event. The target was 100% for the year 2019-2020.</p>	
MDG8	LEARNING AND DEVELOPMENT UPDATE	
	<p>Briefing Sessions had been provided for Members:</p> <p>A Local Government Finance Seminar would be arranged for later on in 2020 detailing policy changes.</p> <p>One officer had volunteered to be a new Member Mentor for the 2020 elections. Any further officer or Member volunteers would be welcomed. On-line training was available that could be completed at the users convenience.</p> <p>The 2020 New Member Induction Programme had been booked, and would be held on Wednesday 13 and Thursday 14 May 2020.</p> <p>Operational Director responsibilities would be included in new member packs, and directorates would be asked to provide any useful information for the packs.</p> <p>Information regarding e-learning would also be included.</p>	KM

	<p>Mindfulness taster session for Members: As agreed at the last meeting, Alison Scott gave a brief taster session of Mindfulness and what members could expect by attending an in-house session. The session was not complicated, and would focus on the positive effects on personal stress and anxiety that mindfulness could support. Mindfulness was not a treatment for mental health, but rather to support wellbeing with regular practice.</p> <p>At the end of the twenty minute session, Members reported feeling peaceful, relaxed, calm and tranquil.</p> <p>Members agreed the session should be open for all members to attend following the local election in May.</p> <p>The group were reminded of a range of mobile apps that also offered mindfulness, such as</p> <p>www.headspace.com/headspace-meditation-app www.calm.com www.smilingmind.com.au</p>	AS
MDG 9	ANY OTHER BUSINESS/MEMBER SUPPORT ISSUES	
	No other issues to report.	
MDG 10	DATE OF THE NEXT MEETING	
	RESOLVED: The next meeting to be held after the local election in May 2020 at 5.30pm in the Willow Room.	
	The meeting closed at 6.35pm	