

**REPORT TO:** Health Policy and Performance Board  
**DATE:** 26<sup>th</sup> September 2023  
**REPORTING OFFICER:** Director of Public Health  
**PORTFOLIO:** Health & Wellbeing  
**SUBJECT:** Public Health Annual Report  
**WARD(S)** Borough-wide

## 1.0 PURPOSE OF THE REPORT

1.1 The purpose of this report is to provide the Halton Health Policy and Performance Board (PPB) with an update on the development of the Halton Public Health Annual Report (PHAR).

**2.0 RECOMMENDED: That the Board note the theme and recommendations within the Director of Public Health's Annual Report.**

## 3.0 SUPPORTING INFORMATION

3.1 Since 1988 Directors of Public Health (DPH) have been tasked with preparing annual reports - an independent assessment of the health of local populations. The annual report is the DPH's professional statement about the health of local communities, based on sound epidemiological evidence, and interpreted objectively.

3.2 The annual report is an important vehicle by which a DPH can identify key issues, flag problems, report progress and, thereby, serve their local populations. It will also be a key resource to inform local inter-agency action. The annual report remains a key means by which the DPH is accountable to the population they serve.

3.3 The Faculty of Public Health guidelines on DPH Annual Reports list the report aims as the following.

- Contribute to improving the health and well-being of local populations.
- Reduce health inequalities.
- Promote action for better health through measuring progress towards health targets.
- Assist with the planning and monitoring of local programmes and services that impact on health over time.

3.3 The PHAR is the Director of Public Health’s independent, expert assessment of the health of the local population. Whilst the views and contributions of local partners have been taken into account, the assessment and recommendations made in the report are those held by the DPH and do not necessarily reflect the position of the employing and partner organisations.

3.4 Each year a theme is chosen for the PHAR. Therefore it does not encompass every issue of relevance but rather focuses on a particular issue or set of linked issues. These may cover one of the three work streams of public health practice (health improvement, health protection or healthcare public health), an over-arching theme, such as health inequalities, or a particular topic such as mental health or cancer.

3.5 For 2022-2023 the Public Health Annual Report has focused on our health improvement and prevention work to support the Halton community with their health in the different stages of their lives as well as coping with pressures such as the recent pandemic and rising cost of living.

3.6 The report uses four key life stages as a guide to the issues including the following sections:

- Start – looking at children’s health and giving children and young people the best possible start to their lives.
- Strong – acknowledges busy lives and a range of pressures, needing services to be flexible and accessible.
- Live – providing community and work based services that allow people with busy working lives to take action for their health as well as get help when it’s needed.
- Well – living healthy and independent lives as we age, reducing the impact poor health can have on our health and social care system as well as for individuals.

3.7 Each chapter covers the following areas:

- Key facts and challenges
- Our approach and local case studies

3.8 Summary of Chapter Content: -

<b>Section</b>	<b>Chapter</b>
<b>Our health in Halton</b>	Health trends including data from the latest 2021 Census.
	Health facts for Halton
<b>Start</b>	Key facts and challenges
	Our approach
	Impact
	Getting mental health support into education

	Case study – Brookvale Primary School
<b>Strong</b>	Key challenges
	Our approach
	Diet and fitness – making the first step easier
	Working in practice – case study
	Improve access and uptake of NHS Health Checks to whole community
<b>Live</b>	Key facts and challenges
	Our approach – collaborate and coordinate
	Feeding Halton
	Cost of living support
	Case studies – Queen’s Pantry and Route Café
<b>Well</b>	Key facts and challenges
	Our approach – do less sooner! Prevention and access to information
	Sure Start to Later Life
<b>Update on priorities from previous years report</b>	
<b>Recommendations</b>	
<b>Free local offers for your health</b>	Mental health for men, lower my drinking app, free blood pressure checks, free help to stop smoking, Fresh Start Health Weight App,
<b>Acknowledgements</b>	

#### **4.0 POLICY IMPLICATIONS**

4.1 The Public Health Annual Report should be used to inform commissioning plans and collaborative action for the NHS, Social Care, Public Health and other key partners as appropriate.

#### **5.0 OTHER/FINANCIAL IMPLICATIONS**

5.1 None identified at this time.

#### **6.0 IMPLICATIONS FOR THE COUNCIL’S PRIORITIES**

##### **6.1 Children & Young People in Halton**

Improving the Health and Wellbeing of Children and Young People is a key priority in Halton. The PHAR will highlight elements of childrens health for action, which is a key piece of work for commissioners.

##### **6.2 Employment, Learning & Skills in Halton**

The above priority is a key determinant of health. Therefore improving outcomes in this area will have an impact on improving the health of Halton residents

##### **6.3 A Healthy Halton**

All issues outlined in this report focus directly on this priority.

##### **6.4 A Safer Halton**

Reducing the incidence of crime, improving Community Safety and reducing the fear of crime have an impact on health outcomes particularly on mental health.

There are also close links between partnerships on areas such as alcohol and domestic violence.

#### **6.5 Halton's Urban Renewal**

The environment in which we live and the physical infrastructure of our communities has a direct impact on our health and wellbeing.

### **7.0 RISK ANALYSIS**

7.1 Developing the PHAR does not present any obvious risk however, there may be risks associated with the resultant recommendations. These will be assessed as appropriate.

### **8.0 EQUALITY AND DIVERSITY ISSUES**

8.1 This is in line with all equality and diversity issues in Halton.

### **9.0 CLIMATE CHANGE IMPLICATIONS**

None. Whilst paper copies of the document are available there are options to receive the PHAR electronically as well as accessing the free offers by QR code or by phone.

### **10.0 LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972**

None

[HBC Director of Health annual public health reports \(halton.gov.uk\)](http://halton.gov.uk)

**Report Prepared by: Dr Ifeoma Onyia, Director of Public Health**  
**Contact: [ifeoma.onyia@halton.gov.uk](mailto:ifeoma.onyia@halton.gov.uk)**